Sun Peaks



Ski Season
November to April

Average Snowfall
6 metres

Snow
Light and dry

Accommodation
Ski-in/ski-out, slopeside, townhomes, condos, lodges and hotels

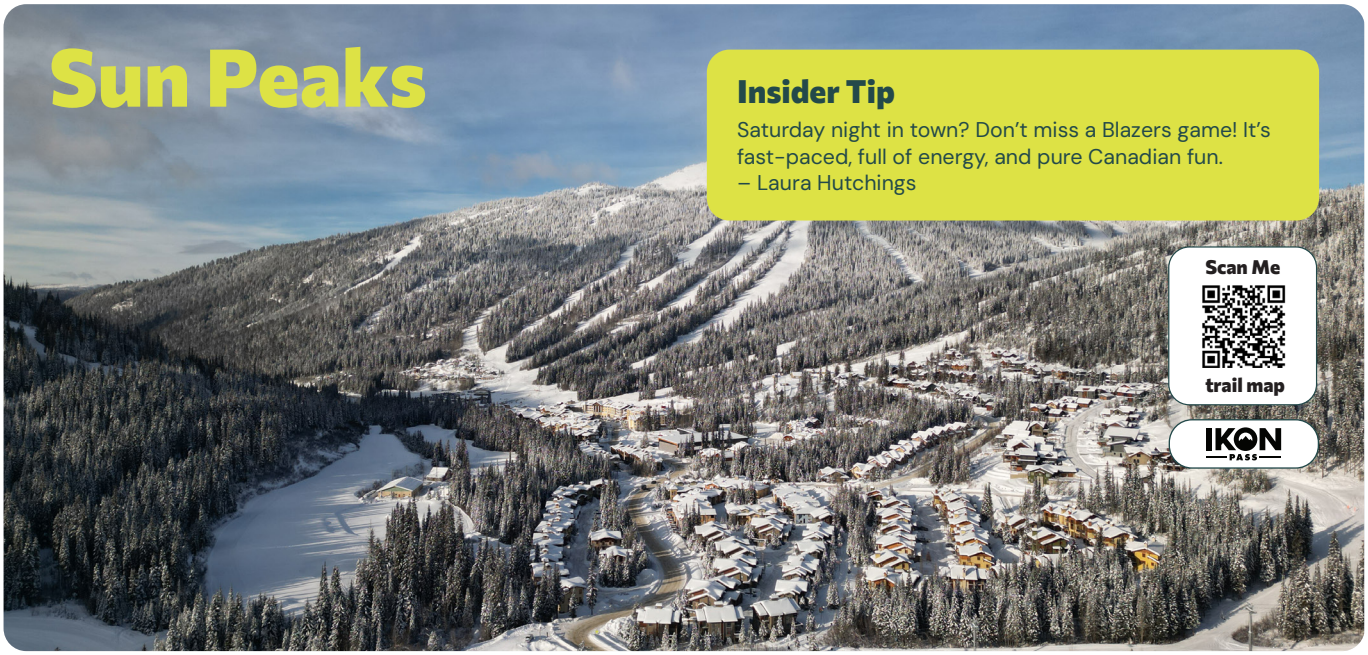
Top Tip

While the morning is great for fresh powder, the afternoon can be a good time to enjoy quieter slopes and Mt. Morrisey has some great hidden runs and terrain that may be less tracked in the second part of the day. We would recommend exploring the areas off the Morrisey and Orient lifts for untouched snow. - Claire Martin

Quick Guide

Travel & Co

Sun Peaks



Insider Tip

Saturday night in town? Don't miss a Blazers game! It's fast-paced, full of energy, and pure Canadian fun.
– Laura Hutchings

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Effortless Access. Boundless Terrain

Tucked into the heart of British Columbia's Thompson-Okanagan region, Sun Peaks Resort is Canada's second-largest ski area and one of its best-kept secrets. With three unique mountains to explore and 4,270 acres of skiable terrain, it's a paradise for skiers and snowboarders who want space to roam, soft snow underfoot, and zero lift lines to slow them down.

The fun doesn't end when you unclip your skis. The ski-through alpine village is as charming as it is convenient, offering true ski-in/ski-out access with cosy lodging, boutique shops, and inviting spots to relax and refuel. Whether you're chasing powder or simply soaking in the magic of the mountains, Sun Peaks brings together big adventure and small-town charm for a winter experience that's pure joy from first run to last light.

New West Bowl Express chairlift – While introduced in 2024–25, this high-speed detachable quad continues to open up top-of-the-mountain terrain.

Mountain Stats

Annual Snowfall 6 metres
Skiable Terrain 4,270 acres
Ability Level Beg: 10%, Int: 58%, Adv: 32%
Vertical Drop 895 metres (2,936 feet)
Ski Runs 144
Lifts/Gondolas 13
Max Altitude 2,150 metres (7,054 feet)
Terrain Park Yes

Getting There

From Kamloops Airport, it's a quick 45-minute shuttle ride (60 km) to Sun Peaks; from Vancouver Airport, embark on a scenic 4h 15-minute (425 km) drive to reach the mountain.



Top Reasons to Visit

Ski-in/ski-out village
Ski right from your doorstep! Renowned as one of Canada's best ski-in/ski-out resorts, Sun Peaks village offers a variety of accommodation including hotels, condos, townhomes, chalets and specialty lodging.



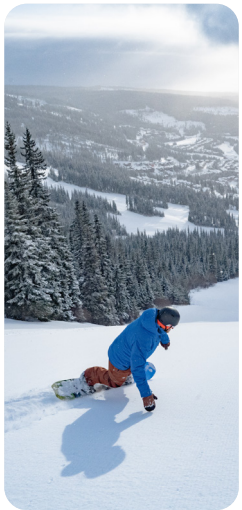
Family-friendly
This resort has plenty of activities and amenities for an amazing family ski holiday from snow tubing to dogsledding. Sun Peaks has the Sundance Kids Centre, a safe, fun-filled childcare so you can hit the slopes knowing the kids are being looked after.



No lift lines or crowds
Each of Sun Peaks' 13 lifts provide access to beginner, intermediate and expert runs. Ski all three mountains no matter your ability. Enjoy deep steeps, long cruisers, glade zones, powder stashes and corduroy groomers, there is so much choice!

"Sun Peaks has only ever reached 82% of its lift capacity during peak holiday periods and our goal is to maintain low lift lines and uncrowded runs."

Emily MacInnes, Market Development Manager, Sun Peaks





Winter Experiences

Learn to Ski or Snowboard
Let Sun Peaks Sports School sharpen your skills. Kids to adult programmes, group or private lessons, performance clinics first tracks private lesson or guided backcountry tours.



Dog Sledding
Sled through the majestic lodgepine trees. This guided tour perfect for young children and adults includes an introduction to dog sledding, meeting the team and feeding snacks on return.



Alpine Fondue & Ski Experience
An exclusive twilight ride on the Sunburst chairlift up to Sunburst Bar + Eatery to enjoy a hearty three course fondue meal. Then cruise down the freshly groomed 5 mile run with lantern lit ski slopes and your guide.



Snowmobiling Tours
For those who crave adventure, and untouched winter terrain, a guided tour is the ultimate way to experience Sun Peaks' backcountry. Plus, new Date Night tours let you experience the trails at night, with a picnic dinner!



Cat Trax Groomer Rides
This unique behind-the-scenes opportunity is perfect for those who want to see the mountain from a different perspective. Experience what it's like to ride in a powerful snowcat as it prepares the slopes for the next day.



Ice Fishing
If you're looking for a laid-back winter activity that still offers excitement, ice fishing is a great choice. Sitting on a frozen lake, surrounded by pristine wilderness, you'll feel miles away from the hustle of daily life.



Ice Hockey Games
A fun filled night at a Kamloops Blazers WHL hockey game. We can book you and your 'team' a private charter so you arrive at the arena with enough time to dine in a downtown restaurant in Kamloops before the game.



Snowshoe Tours
Explore serene alpine trails, spot wildlife, and enjoy breathtaking mountain views, perfect for all ages and ability levels. New routes and guided experiences at Sun Peaks offer acess to the quiet beauty of the backcountry.



More Activities
First tracks private lessons, snow tubing, mountain host tours, cooking master classes. **Book in resort only:** Fat biking

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Dining & Aprés

Vertical Cafe
Organic, locally-sourced produce with vegan and gluten-free options. Serving up coffee, wraps, paninis, delicious sandwiches, homemade soups, freshly baked goods and smoothies. Breakfast served all day. Wine & craft beer for aprés too.



Sunburst Bar + Eatery
Located at mid-mountain at the top of the Sunburst Express chairlift, the Sunburst Bar + Eatery is a cozy alpine stop offering a welcoming break between laps. It is the perfect place to unwind and refuel before your next run.



Oya Japanese Cuisine
Cosy sushi in the mountains. The menu offers fresh and exciting options alongside a diverse selection of sake. It is a great spot where friendly faces and tasty surprises create a welcoming environment, making each visit something to look forward to.



Bottoms Bar & Grill
Located in the center of Sun Peaks, Bottoms Bar & Grill is a classic ski hill saloon. With an atmosphere that acts as a place for friends, wanderers, and adventurers to share a good meal and a drink together as equals.



Steakhouse at Sun Peaks Lodge
Enjoy your evening with house cuts of 100% Canadian beef, daily specials, and a great bottle of wine in a family-friendly atmosphere. Delicious steaks, seafood, and BBQ ribs, complemented by in-house pastries on the menu.



Mountain High Pizza
Mountain High serves up fresh pizza by the slice or by the pie. Come on in for a scrumptious slice of pizza, or take a whole one away for dinner. Mountain High Pizza also delivers throughout the resort.



Bolacco Café
The Bolacco Café is a local's favourite for coffee. Come by and enjoy a specialty coffee, and local hospitality from the baristas. Bolacco Café is also the perfect spot to have a quick breakfast, lunch, or light dinner.



Capones Italian Kitchen
A place for upscale Italian cuisine, offering a modern take on the best pasta, family-style dining and seafood in Sun Peaks. Enjoy a classic premium cocktail or share a bottle from a wide selection of local BC and elegant Italian wines.



And More
Dining and après in Sun Peaks offers the perfect blend of flavour, warmth, and mountain charm. From cozy cafés and hearty family meals to steakhouse dining and lively après-ski spots, the village has something for every taste.

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