

Myoko Kogen

Honshu, Japan



Myoko Kogen is one of Japan's oldest ski areas, combining several ski resorts—four of which are accessible with a single lift ticket. It is renowned for having some of the best ski runs in Japan, including its longest run, which stretches 8.5 km. Steeped in history and culture, the resort offers an authentic Japanese experience. Conveniently located just 2.5 hours from Tokyo.

Ski terrain

From long, scenic, tree-lined slopes to challenging bump runs—and especially deep powder. The best months for skiing the Myoko Ski Resorts tend to be in January and February, although great snowfall can extend anywhere between November and May! With terrain parks for those who live for the challenge of winter sports along with some sweet tree runs and side country.

Top Elevation: 1,855 metres **Ski Runs:** 83 **Lifts/Gondolas:** 55
Annual Snow: 14 metres **Ski-in, Ski-out:** Yes **Ski season:** December - March
Beginner: 40% | **Intermediate:** 50% | **Advanced/Expert:** 10%



The Four Main Ski Resorts—On One Lift Pass

Akakura Onsen

There are three main areas to the Akakura Onsen resort and is inter-connected with the neighbouring Akakura Kanko. With 80% of its runs groomed conditions, it's ideal for beginner-intermediates. This is the only ski resort to offer night skiing and the resort has terrain parks, back country skiing and child-friendly areas.

Lifts: 14 **Ski Runs:** 17
Beg: 50% | **Int:** 30% | **Adv:** 20%

Akakura Kanko

Connected to Akakura Onsen, this resort offers a variety of runs for all levels of skiers. Intermediate and advanced skiers can find more challenging runs higher on the mountain. It also has a kids park and was one of the first ski resorts in Japan. True ski-in, ski-out experience with a mid-mountain hotel. New gondola 2024/25.

Lifts/gondola: 7 **Ski Runs:** 10
Beg: 40% | **Int:** 30 | **Adv:** 30%

Myoko Suginohara

Everything from long cruisy runs, off-piste terrain, steep bump trails, to Japan's longest run (8.5km). It also offers lots of fun runs through the trees and you can even see Mount Fuji on a clear day! Some of the slopes are left ungroomed, which means excellent powder conditions. It also has a terrain park and is family-friendly.

Ski lifts: 5 **Ski Runs:** 17
Beg: 40% | **Int:** 40% | **Adv:** 20%

Ikenotaira Alpenblick

Split in to two areas, the central has with long wide slope and gentler trails - great to learn on. On the other side, it's all about shorter runs, more ungroomed snow with wooded areas and untouched snow.

Ski lifts: 6 **Ski Runs:** 10
Beg: 40% | **Int:** 45% | **Adv:** 15%

TOP REASONS TO VISIT

JAPOW

Myoko Kogen benefits from cold temperatures and moisture from the nearby Sea of Japan, creating perfect conditions for dry, light, and fluffy snow. The area receives around 14 meters snow each year.

Onsens

The many onsen located in and around the base of Mt. Myoko are renowned for their charm.

Nearby Cities — Sightseeing

Nagano: An easy day trip for shopping and sightseeing. This modern Japanese city is scattered with historical and cultural buildings including the Buddhist Temple, Zenko-ji Temple.

Kanazawa City: Just over an hour from Myoko Kogen, this city is home to castle gardens, tea house district and historical sites.

Getting to Myoko Kogen

Nearest airport: Narita, Tokyo (2.5 hours)

When to go:

December: Christmas and New Year's Eve. Book early.

Jan/Feb: Peak snowfall. Great snow and powder.

March: Typically lighter snowfall but late season deals.